



# THE RECOVERING POLITICIAN'S Twelve Step Program to Survive Crisis

## ON SALE JUNE 4

A Fresh, Novel Approach to  
Crisis Management...

More than a dozen "recovering politicians" share their twelve step program on how to survive crises – from highly publicized and politicized scandals, to smaller, more intimate interpersonal struggles. They outline deliberate, focused and vigorous courses of action and reaction, gleaned from their own experiences – often dramatic, sometimes painful – under the piercing lights of the political arena.

It's a diverse, bi-partisan collection of former politicians, drawing lessons from their own scandals – ranging from allegations of ethical and sexual impropriety, to suffering through alcoholism and depression, to being censured and forced out of office, to serving time in federal prison – and sharing their guidance on how everyday readers can transcend crisis, recover, and launch their own second acts.

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Jonathan Miller, Editor

AND LEARN FROM, YOUR CRISIS STEP THREE: LEAN INTO, AND LEARN FROM, 'YESTERDAY'S ENEMY CAN BE TOMORROW'S ALLY STEP TWO: TELL THE TRUTH: DON'T EVEN GO NEAR THE LINE STEP ONE: TAKE A DEEP BREATH...WITH YOUR MOUTH SHUT STEP TWELVE: SPREAD GOOD WILL TO PREVENT THE NEXT CRISIS STEP ELEVEN: KEEP YOUR HEAD AND SENSE OF HUMOR STEP TEN: DON'T BEAR GRUDGES; YESTERDAY'S ENEMY STEP NINE: LISTEN TO THE PEOPLE STEP EIGHT: PRESENT YOUR FIX-IT PLAN STEP SEVEN: OWN YOUR MISTAKES, SAY "I'M SORRY" STEP SIX: DEVELOP A CLEAR, CONCISE CONNECTION STEP FIVE: BE FIRST TO FRAME YOUR NA STEP FOUR: MAKE AN EMOTIONAL CONNEC STEP THREE: LEAN INTO, AND LEARN FROM, ' LINE STEP TWO: TELL THE TRUTH: DON'T EVEN GO NI STEP ONE: TAKE A DEEP BREATH...WITH YOUR MC



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**Jonathan Miller**, the former Kentucky State Treasurer and author of *The Compassionate Community* (2006), today publishes *The Recovering Politician.com* and practices law in Lexington with Frost Brown Todd, as a crisis management attorney. Miller co-founded No Labels, a national grassroots reform movement; played straight man on *The Daily Show with Jon Stewart*; reached the final table of the World Series of Poker; and with his summer camp sweetheart, raised two remarkable teenage daughters.

